

1 Yolanda Huang (State Bar No. 104543)  
2 LAW OFFICES OF YOLANDA HUANG  
3 499 14th Street, Suite 300  
4 Oakland, California 94612  
5 Telephone: (510) 839-1200  
6 Facsimile: (510) 444-6698  
7 E-Mail: yhuang.law@gmail.com

8 DENNIS CUNNINGHAM, SBN 112910  
9 115A Bartlett St.  
10 San Francisco, CA 94110  
11 Telephone: (415) 285-8091  
12 Facsimile: (415) 285-8092  
13 E-Mail: denniscunninghamlaw@gmail.com

14 Attorneys for Plaintiffs  
15 Tikisha Upshaw, Tyreka Stewart and  
16 Andrea Hernandez

17 UNITED STATES DISTRICT COURT  
18 NORTHERN DISTRICT OF CALIFORNIA  
19 SAN FRANCISCO/OAKLAND DIVISION

20 TIKISHA UPSHAW, TYREKA STEWART and  
21 ANDREA HERNANDEZ, on behalf of themselves  
22 and others similarly situated,

23 Plaintiffs,

24 vs.

25 ALAMEDA COUNTY; ALAMEDA COUNTY  
26 SHERIFF'S OFFICE; SHERIFF GREGORY  
27 J. AHERN; ASSISTANT SHERIFF D.  
28 HOUGHTELLING, COMMANDER TOM  
MADIGAN; CAPTAIN D. HESSELEIN,  
CAPTAIN TARA RUSSELL, CAPTAIN D.  
SKOLDKVIST, DEPUTY WATSON, DEPUTY  
STINSON, DEPUTY SENSIBA, DEPUTY  
HENDERSON, DEPUTY GUERRA, DEPUTY  
CRANDALL, DEPUTY CHANDRA, DEPUTY  
BURBANK AND DOES 1 THRU 50.

Defendants.

Case No.

**COMPLAINT FOR VIOLATION OF CIVIL  
AND CONSTITUTIONAL RIGHTS**

**CLASS ACTION**

**DEMAND FOR JURY TRIAL**

**PRELIMINARY STATEMENT**

1  
2 1. This is a civil rights class action in which the Plaintiffs, on behalf of themselves and a  
3 class of similarly situated individuals, seek relief from Defendants’ violations of Plaintiffs’ rights and  
4 privileges secured by the Eighth and Fourteenth Amendments of the United States Constitution.

5 2. Alameda County Jails consists of two facilities, Glen Dyer Jail in Oakland and Santa Rita  
6 Jail in Dublin. Women, including pregnant women are held only at the Santa Rita Jail. Pregnant women  
7 are housed with other prisoners. The conditions described herein apply equally to pregnant prisoners.

8 3. In the cells, the lights are never off. Even at night the lights are only slightly dimmed and  
9 the lighting is bright enough to read. Outside of the cells are tier lights. The jail schedule calls for the  
10 overhead tier lights, and the lights in the common areas to go out at 11 p.m., and breakfast is served  
11 between 4 and 4:30 a.m. This schedule designed by defendants at Santa Rita jail prevent any prisoner  
12 from being able to have sleep durations of more than five and a half (5.5) hours a night, assuming that the  
13 prisoner is able to sleep with 24-hour lights in their cells. In addition, although the schedule  
14 theoretically permits a sleep duration of up to five and a half hours; on a regular basis, and with great  
15 frequency, sheriff deputies routinely disrupt prisoners’ limited sleep duration, often hourly, through their  
16 activities and conduct including repeatedly shining bright white flashlights into prisoners’ eyes; banging  
17 keys and flashlights on metal doors; forcing prisoners to wake up and acknowledge the presence of  
18 sheriff deputies; turning on and leaving on overhead lights; yelling and shouting; creating loud noises;  
19 operating machines; making announcements over the public address system; and having prisoner  
20 activities including medical appointments and medication distribution at 3 a.m.

21 4. Prisoners at the Santa Rita Jail suffer from chronic deprivation of sleep and disturbance of  
22 sleep. This ongoing, daily sleep deprivation and disturbance has created significant negative impacts on  
23 prisoners’ abilities to function at many levels. Prisoners are negatively impacted cognitively,  
24 functionally, and psychiatrically. Cognitive impairment adversely impacts pretrial prisoners’ ability to  
25 assist in their legal defense. Prisoners’ overall health and immune systems are negatively impacted  
26 resulting in health issues including bacterial and viral infections. Pregnant women are subject to more  
27 significant negative health impacts from sleep deprivation. Sleep deprivation creates higher levels of  
28 pro-inflammatory serum that are associated with postpartum depression and preterm delivery.

5. Prisoners’ efforts to grieve this situation were prevented by defendants’ refusal to permit  
grievances through withholding of blank grievance forms, destruction of completed grievance forms, or  
retaliation for the filing of grievances. Grievances submitted and received were overwhelmingly denied.

6. As a result of this significant sleep deprivation and sleep disruption, and the resulting emotional and cognitive impairment, prisoners find themselves short tempered and irritable, experience difficulty exercising emotional control, unable to handle frustration and often lack the necessary behavior controls demanded by the jail system. Sleep deprivation causes more sensitivity to physical pain. As a result of this significant sleep deprivation and disruption, prisoners suffer disciplinary and punitive consequences with ensuing additional deprivations including loss of telephone and visiting privileges, loss of the ability to purchase commissary and placement into solitary confinement, the added social and sensory isolation of solitary confinement compounds the cognitive, functional and psychiatric impairments already existing due to sleep disruption and deprivation.

7. This civil rights class action lawsuit seeks to end this long-standing unconstitutional practice at both Alameda County Jail facilities. The individual Plaintiffs bring this action on behalf of themselves and those similarly situated against Defendants COUNTY OF ALAMEDA (“County”); THE ALAMEDA COUNTY SHERIFF’S OFFICE (“ACSO”); GREGORY J. AHERN, INDIVIDUALLY AS SHERIFF OF THE ALAMEDA COUNTY SHERIFF’S OFFICE, ASSISTANT SHERIFF D. HOUGHTELLING, COMMANDER TOM MADIGAN; CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL, CAPTAIN D. SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY BURBANK AND DOES 1 THRU 50

8. Without the Court’s intervention, the Defendants in this action will continue to violate the Eighth Amendment and State standards by deliberately depriving, preventing, interrupting and disturbing the sleep of prisoners at an Alameda County Jails.

Plaintiffs TIKISHA UPSHAW, TYREKA STEWART and ANDREA HERNANDEZ, by and through their attorneys, brings this action on behalf of themselves and other women prisoners similarly situated and alleges as follows:

**JURISDICTION**

9. This Court has jurisdiction under 28 U.S.C. § 1331 (federal question) and 28 U.S.C. § 1343(a)(3) (civil rights). This Court may grant declaratory relief under 28 U.S.C. § 2201.

10. Jurisdiction is conferred upon this Court by 28 U.S.C. §1331 (claims arising under the United States Constitution) and §1343 (claims brought to address deprivations, under color of state authority, of rights privileges, and immunities secured by the United States Constitution), and, by

1 pendent jurisdiction, California Constitution, Article 1, Section 7 and the aforementioned statutory and  
2 constitutional provisions.

3 11. Plaintiffs further invoke this Court's supplemental jurisdiction, pursuant to 28 U.S.C. §  
4 1367, over any and all state law claims and causes of action which derive from the same nucleus of  
5 operative facts and are part of the same case or controversy that gives rise to the federally based claims  
6 and causes of action.

7 12. Plaintiffs filed a governmental claim with the COUNTY OF ALAMEDA on November 1,  
8 2018. These claims were rejected on December 7, 2018.

9 13. **VENUE AND INTRADISTRICT ASSIGNMENT**

10 14. Venue is proper in this District under 28 U.S.C. § 1391(b)(2) because a substantial part of  
11 the events giving rise to the claim occurred in this district. The claims alleged herein arose in the County  
12 of Alameda, State of California. Therefore, venue and assignment, under 28 U.S.C. § 1391(b), lies in the  
13 United States District Court for the Northern District of California, San Francisco Division or Oakland  
14 Division.

15 15. This Court has personal jurisdiction over each and every Defendant because, upon  
16 information and belief, all Defendants were residents of California, were employed in California, or  
17 otherwise conducted business in California, and all were acting under color of law during all relevant  
18 times.

19 16. **JURY DEMAND**

20 17. Plaintiffs respectfully demand a trial by jury of all issues in this matter pursuant to Federal  
21 Rule of Civil Procedure 38(b).

22 18. **PLAINTIFFS**

23 19. Plaintiff, TIKISHA UPSHAW, TYREKA STEWART and ANDREA HERNANDEZ are  
24 pretrial detainees housed at the Santa Rita Jail in Dublin, California, in Alameda County and under the  
25 authority of the Alameda County Sheriff's Office.

26 20. Plaintiff UPSHAW and HERNANDEZ are currently incarcerated in what ACSO names  
27 "administrative segregation" which is essentially solitary confinement. Plaintiff UPSHAW has been  
28 previously housed in a 2-person cell. Plaintiff HERNANDEZ has been previously housed in 2-man cells  
and in the 18-person cells.

21. Plaintiff STEWART is currently housed in a two-person cell in Housing Unit 21.

22. Plaintiff HERNANDEZ believes that she is currently pregnant although her pregnancy has  
not yet been confirmed by a medical examination.

1 23. All Plaintiffs have been and remain residents of California.

2 **DEFENDANTS**

3 24. Defendant ALAMEDA COUNTY is a county in the State of California.

4 25. Defendant ALAMEDA COUNTY SHERIFF’S OFFICE (“ACSO”) is a law enforcement  
5 agency within ALAMEDA COUNTY and, relevant here, is charged with operating the Santa Rita Jail.  
6 The ACSO has failed to properly train and supervise and failed to require compliance with existing  
7 policies and procedures, by officers, deputies and other employees who had custody of PLAINTIFF and  
8 class members at Santa Rita or Glen Dyer Jail, and failed and refused to adopt appropriate and necessary  
9 policies and procedures regarding the treatment and care of PLAINTIFF and class members;

10 26. Defendant GREGORY J. AHERN is, and at all times relevant to this Complaint was, the  
11 Sheriff of Alameda County. As Sheriff of Alameda County, Defendant AHERN holds the command and  
12 policy making position with regard to County Jails, including Santa Rita Jail. Defendant Sheriff AHERN  
13 has caused, created, authorized, condoned, ratified, approved or knowingly acquiesced in the  
14 unconstitutional and inhumane conditions, actions, policies, customs and practices that prevail at Santa  
15 Rita Jail, as described fully below. Sheriff AHERN has, wholly or in part, directly and proximately  
16 caused and, in the absence of the injunctive relief which PLAINTIFF seek in this Complaint, will  
17 continue in the future to proximately cause, the injuries and violations of rights set forth fully below.  
18 Defendant Sheriff AHERN is sued in his individual capacity.

19 27. Defendant Assistant Sheriff D. HOUGHTELLING is, and at all times relevant to this  
20 Complaint was, the Assistant Sheriff of Alameda County in charge of the Detentions and Corrections  
21 Unit ("DCU"), which includes the Santa Rita Jail. As Assistant Sheriff of Alameda County in charge of  
22 DCU, Defendant D. HOUGHTELLING has at times relevant to this Complaint held a command and  
23 policy making position with regard to County Jails, including Santa Rita Jail. Defendant Assistant  
24 Sheriff D. HOUGHTELLING has caused, created, authorized, condoned, ratified, approved or  
25 knowingly acquiesced in the illegal, unconstitutional, and inhumane conditions, actions, policies,  
26 customs and practices that prevail at Santa Rita Jail, as described fully below. Assistant Sheriff D.  
27 HOUGHTELLING has, wholly or in part, directly and proximately caused and, in the absence of the  
28 injunctive relief which Plaintiffs seek in this Complaint, will continue in the future to proximately cause,  
the injuries and violations of rights set forth fully below. Assistant Sheriff D. HOUGHTELLING is sued  
in his individual capacity.

28 28. Defendant TOM MADIGAN is, and at all times relevant to this Complaint was, the  
Commander in Charge of Alameda County Sheriff Office’s Detentions and Corrections Unit (“DCU”)

1 which includes the Santa Rita Jail. As the Commander in Charge of DCU, Defendant MADIGAN has at  
2 times relevant to this Complaint held a command and policy making position with regard to County Jails,  
3 including Santa Rita Jail. Defendant MADIGAN has caused, created, authorized, condoned, ratified,  
4 approved or knowingly acquiesced in the illegal, unconstitutional, and inhumane conditions, actions,  
5 policies, customs and practices that prevail at Santa Rita Jail, as described fully below. Defendant  
6 MADIGAN has, wholly or in part, directly and proximately caused and, in the absence of the injunctive  
7 relief which Plaintiffs seek in this Complaint, will continue in the future to proximately cause, the  
8 injuries and violations of rights set forth fully below. Defendant MADIGAN is sued in his individual  
9 capacity.

10 29. Defendant T. RUSSELL, D. HESSELEIN and D. SKOLDKVIST are, and at all times  
11 relevant to this Complaint were, the Detention and Corrections Captains of ACSO. As the captains with  
12 direct supervision over Glen Dyer and Santa Rita Jail, Defendant RUSSELL, HESSELEIN, and  
13 SKOLDKVIST are responsible for the daily conditions and operations of Santa Rita Jail, including the  
14 training and supervision of floor deputies including defendants DEPUTY WATSON, DEPUTY  
15 STINSON, DEPUTY SENSIBA, DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY  
16 CRANDALL, DEPUTY CHANDRA, DEPUTY BURBANK AND DOES 1 THRU 50. Defendant  
17 RUSSELL and HESSELEIN and SKOLDKVIST are regularly, if not daily, on the premises at an  
18 Alameda County Jail. It is their responsibility to be knowledgeable and familiar with the actual daily  
19 conditions and operations of Santa Rita Jail and Glen Dyer Jail. As the Detention and Corrections  
20 Commanders of ACSO, Defendants RUSSELL, HESSELEIN, and SKOLDKVIST have caused, created,  
21 authorized, condoned, ratified, approved or knowingly acquiesced in the illegal, unconstitutional, and  
22 inhumane conditions, actions, policies, customs and practices that prevail at Santa Rita Jail, as described  
23 fully below. Defendant RUSSELL, HESSELEIN and SKOLDKVIST have, wholly or in part, directly  
24 and proximately caused and, in the absence of the injunctive relief which Plaintiffs seek in this  
25 Complaint, will continue in the future to proximately cause, the injuries and violations of rights set forth  
26 fully below. Defendant RUSSELL, HESSELEIN and SKOLDKVIST are sued in their individual  
27 capacities.

28 30. DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY  
HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY  
BURBANK AND DOES 1 THRU 25 are housing unit deputies, who each caused some of the injuries,  
each contributed to the injuries, deprivations and losses complained of herein and is each sued in their  
individual capacities by taking actions to disrupt and interrupt Plaintiffs and class members ability to



1 sleep; including shining bright flashlights into the eyes of sleeping prisoners; disrupting prisoners' sleep  
2 by forcing prisoners to wake up during designated sleep periods; banging on the metal doors to force  
3 sleeping prisoners to wake up; and, making loud noises sufficient to wake up sleeping prisoners.

4 31. Does 26 through Does 50 are command staff and sheriff deputies who staff Glen Dyer and  
5 Santa Rita Jails and all of whom contributed to the injuries, deprivations and losses complained of herein.  
6 The Doe defendants are sued in their individual capacities.

7 **FACTUAL ALLEGATIONS**

8 **I. SLEEP DEPRIVATION**

9 32. The ACSO and its chiefs, commanders and other officials operate the Alameda County  
10 Jails including Glen Dyer located in Oakland and Santa Rita located in Dublin. Of the two county jails  
11 located in ALAMEDA COUNTY, women are housed only at the Santa Rita Jail.

12 33. Santa Rita Jail is a "mega-jail" and ranks as the third largest facility in California and the  
13 fifth largest in the nation. Designed to hold up to 4,000 prisoners, it currently holds on average 2,500  
14 prisoners with about 10% or 250 of those being women. Men and women are segregated.

15 34. Santa Rita is composed of numbered housing units, with various configurations of cells  
16 for prisoners, including two-person cells, 18-person cells with 9 sets of bunk beds, and solitary  
17 confinement single person cells. In each of the housing units at Santa Rita Jail, whether two-person cell,  
18 solitary confinement or what ACSO terms "dormitory" 18-person cells, Plaintiffs and all prisoners are  
19 subjected to lights 24 hours a day. Main lights in the common areas are turned off at 11 am, Cell lights  
20 are dimmed, but still bright enough to read by. If you are able to sleep with cell lights on, theoretically  
21 the night time sleep schedule provides for at most five and a half hours of sleep per night.

22 35. According to the Centers for Disease Control and Prevention, an adult between the ages of  
23 18 and 60 needs 7 or more hours of sleep per night for good health. Not getting enough sleep is linked  
24 with many chronic diseases and conditions, such as type 2 diabetes, heart disease, obesity, and  
25 depression. The National Institute of Health has published research showing that sleep deprivation  
26 negatively impacts cognitive functioning over time, contributes to accidents and errors and alterations in  
27 metabolic and endocrine function of individuals, including increases in pro-inflammatory serum  
28 cytokines which has serious negative consequences for pregnant women.

36. Although the schedule provides for a possible five and a half hours of sleep, the entity  
defendants and SHERIFF AHERN have several practices, customs, and/or policies that cause to  
PLAINTIFFS and all members of the prisoner class to be chronically deprived of the essential and  
human need for sleep.

1           **II.       LIGHTING SCHEDULE**

2           35.       Light disrupts human sleep and Alameda County Jails’ lighting causes and/or contributes  
3 to the prisoners’ regular and chronic sleep deprivation.

4           36.       Prisoners are in a lit environments 24 hours each day because the lights in their cells  
5 remain lit, albeit dimmed. The dim condition of cell lights is still bright enough to read by. Furthermore,  
6 at times, particularly in Housing Unit 24 the main overhead lights are either left on, or for unknown  
7 reasons turned on after 11 p.m.

8           37.       Assuming arguendo that the dimmed lights at 11 p.m., are dim enough not to interfere  
9 with sleep, the night time sleep schedule is only for a maximum of five and a half hours. The jail turns  
10 lights back on to full illumination between 3:30 a.m. and 4:30 a.m. to serve breakfast.

11           38.       Once breakfast is served, the jails commences full throttle activities with the attendant  
12 lights and noise including the clearing of breakfast trays, cell and housing unit cleaning, public  
13 announcements, the movement of prisoners who are required to attend court; “pill call” for medication  
14 distribution, and classes.

15           39.       As a result, the longest period of time in which PLAINTIFFS or any prisoner in Santa  
16 Rita Jail is theoretically able to sleep is 5 to 5.5 hours, far less than the United States Center for Disease  
17 Control’s recommended 7 hours. Many prisoners have a more difficult time getting any regular sleep  
18 because of the 24 hours lights.

19           **III.       VISUAL SAFETY CHECKS**

20           40.       Pursuant to California Code of Regulations, tit. 15, § 1027.5, routine visual safety checks  
21 must be conducted of all prisoners at least hourly.

22           41.       At the Santa Rita Jail, defendants DEPUTY WATSON, DEPUTY GUERRA, DEPUTY  
23 CRANDALL, DEPUTY CHANDRA, DEPUTY BURBANK and Does 1 to 25 do not limit their hourly  
24 routine checks to visual observations. Instead, said defendants engage in activities to actually wake up  
25 prisoners during the sleep period by shining bright white light flashlights into the eyes of sleeping  
26 prisoners, demanding that prisoners wake and respond or acknowledge the guards but during these  
27 checks. If the bright flash lights do not cause the sleeping prisoner to respond or acknowledge the  
28 deputy, said deputies will bang on the metal doors with keys, or flash lights in order to force prisoners to  
awaken and acknowledge the deputy. If banging does no work, guards will enter the cell and yell the  
prisoner’s name until the prisoner wakes up. Thus, defendants force prisoners to awaken almost hourly.

          42.       These practices cause and/or contributes to PLAINTIFFS’ sleep deprivation.



1           **IV.           MAINTENANCE AND CLEANING**

2           43.           During the nighttime sleep hours, the sheriff deputies on duty have fewer responsibilities  
3 for prisoners because prisoners are locked down in their cells. The ACSO has a policy and practice of  
4 performing maintenance work and cleaning during the nighttime sleep hours, including vacuuming,  
5 repairs and cleaning of metal portions of the jail, using of machinery and equipment and other tasks  
6 which cause a significant amount of noise. Sheriff deputies and prisoner workers yell at each other and  
7 slam the metal doors without regard to the prisoners' sleep.

8           44.           This constant, loud, and excess noise during the night regularly interrupts the limited sleep  
9 of the prisoners, causing and/or contributing to their persistent sleep deprivation.

10           **V.           NEW-HIRE TRAINING & MALE DEPUTIES**

11           45.           The ACSO conducts a significant amount of new-hire training during the nighttime hours.  
12 All deputies of the Alameda County Sheriff's Office have their first assigned duty at a jail. As new hires,  
13 these new deputies receive assignments to the least desirable shifts, which is the graveyard shift.  
14 Therefore, all of their on the job training is conducted at night, and primarily during the nighttime sleep  
15 hours. This training includes whole cell searches where sheriff deputies, often in swat uniforms, and  
16 heavily armed, announce their entrance. All prisoners are required to wake up and lie face forward on  
17 the floor of their cells. New hires are trained in the process, whereby some prisoners are then  
18 handcuffed, and prisoners are then evacuated and sequestered one at a time to other areas of the jail,  
19 including the outside yard, the multi-purpose room and the isolation cells. New hires are trained on how  
20 to do full body searches in the isolation cells. New hires are trained on the sequestering. New hires are  
21 trained on how to conduct cell searches. These exercises and practices require that all prisoners wake up,  
22 and often stand or otherwise remain awake until the exercise is completed.

23           46.           When male deputies enter the female housing units at night, their presence will be loudly  
24 broadcast, and the order will be issued that all women have to cover themselves up for the male deputy  
25 entering the housing unit.

26           47.           These actions are so disruptive and loud that they cause and/or contribute to the prisoners'  
27 sleep deprivation.

28           **VI.           PILL CALLS & JAIL ACTIVITIES**

          49.           During these nighttime hours, ACSO distributes medication or provides medical attention.  
These activities and services are announced by loud verbal announcements, sometimes through the  
public address system, broadcast to all prisoners.

1 50. These actions are so disruptive and loud that they cause and/or contribute to the prisoners'  
2 sleep deprivation.

3 **VII. EFFORTS TO BLOCK CELL LIGHT SUBJECT PRISONERS TO PUNISHMENT**

4 51. For Plaintiffs and members of the prisoner class, they must live with the light in their  
5 cells on 24 hours a day, and many attempt to devise means to block the light. Blocking the light is a  
6 prohibited activity in the jail, which subjects prisoners to punishment.

7 52. Some prisoners try to hide from the ever-present light in their cell by placing blankets  
8 over their head and eyes. However, when defendants DEPUTY WATSON, DEPUTY GUERRA,  
9 DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY BURBANK and Does 1 to 25 do checks on  
10 prisoners, they demand that prisoners wake and move especially for those prisoners trying to sleep with  
11 blankets over their eyes.

12 53. These conditions actions practice causes and/or contributes to PLAINTIFFS' and  
13 members of the prisoner class' sleep deprivation.

14 **VIII. SOLITARY CONFINEMENT HAS GREATER SLEEP LIMITATIONS**

15 54. In the segregation or solitary confinement cells, prisoners are allowed out only one at a  
16 time, for an hour, into the common area. Access to telephones and showers are available only in the  
17 common area.

18 55. The hours in which prisoners are allowed out into the common area are scheduled up to 1  
19 a.m. As a result, the common area and housing unit lights are often on until 1 a.m. and as a result the  
20 nighttime sleep hours for the segregation or solitary confinement cells is limited to at most 3 and a half  
21 hours, from 1 a.m. to 4:30 a.m. When there is pill call at 3 a.m., the maximum possible night time  
22 uninterrupted sleep time is only 2 hours from 1 a.m. to 3 a.m.

23 56. These conditions actions practice causes and/or contributes to PLAINTIFFS' and  
24 members of the prisoner class' sleep deprivation.

25 57. Plaintiff UPSHAW's continuous sleep deprivation over the two years of her pretrial  
26 incarceration has had a marked negative effect on her mental well-being, her psychological and physical  
27 health, and her decision-making ability. Plaintiff UPSHAW has gotten sick more often due to a  
28 weakened immune system. She has trouble with thinking and concentrating and has had difficulty  
assisting her attorneys in preparing her legal defense on her pending charges. Due to prior accidents and  
injuries, Plaintiff Upshaw has chronic pain. As a result of the sleep deprivation, she is now experiencing  
increased sensitivity to pain, which results in her needing anti-inflammatory and pain medication on a  
constant basis. Because the jail has refused to consistently make these medications available, Plaintiff

1 Upshaw is in physical pain, 24 hours a day. Plaintiff UPSHAW has difficulty with situations that require  
2 patience and has become moody and quick-tempered. She has had difficulty understanding what others  
3 say, and has had difficulty communicating clearly to others. As a result, whereas earlier on, she was able  
4 to avoid conflicts, or de-escalate situation, in the Fall of 2018, she was unable to calm or avoid an  
5 argument with another prisoner, who was also sleep deprived and therefore short tempered and irritable.  
6 As a result, Plaintiff UPSHAW was disciplined, resulting in loss of privileges, and further punished by  
7 transfer to a segregation cell (solitary confinement) which included a complete loss of privileges, mental  
8 health counseling, and various other punishments. Plaintiff UPSHAW is now confined to her cell 23  
9 hours a day and has been deprived of all social interaction. The negative impacts of sleep disruption and  
10 sleep deprivation is now compounded by her physical and social isolation.

11 58. Plaintiff STEWART has been in custody for five months. In the five months of her  
12 incarceration she is already suffering from significant sleep disturbance due to the regular sleep  
13 deprivation with significant impacts on her abilities to function at many levels. She is impaired  
14 cognitively, functionally and psychiatrically. She cannot assist in her defense in a meaningful manner  
15 and is cognitively impaired. It appears that her overall health is being negatively impacted.

16 59. Plaintiff HERNANDEZ feels and believes that she is pregnant although her pregnancy, in  
17 the early stages, has not yet been confirmed by a medical test. Plaintiff HERNANDEZ has a personal  
18 history of mental/emotional health challenges and has been under the care of medical staff for her mental  
19 /emotional health issues since she was 18. Pregnancy is a time in which women are at a particular risk  
20 for denial of sleep because of the physical changes of pregnancy. Pregnancy is also a time in which  
21 women are at a heightened risk of depression. Sleep deprivation causes systemic inflammation through  
22 higher plasma concentrations of pro-inflammatory serum cytokine levels which have been associated  
23 with pregnancy and postpartum depression and negative maternal and fetal outcomes including preterm  
24 delivery. Because plaintiff Hernandez is currently housed in solitary confinement, she is isolated 23  
25 hours a day, denied the ability to have social interactions, denied the ability to take classes. In addition,  
26 she is subjected to significant sleep disturbance which the jail schedule only often permits only 3 hours  
27 for undisturbed sleep. Plaintiff Hernandez is currently at risk due to sleep deprivation and disruption for  
28 increased mental and emotional instability and impaired cognitive functions, as well as adverse  
pregnancy outcomes.

60. As a result of this sleep disturbance and sleep deprivation, Plaintiffs' and all class  
members' overall health are negatively impacted. They are experiencing memory loss, loss of words,  
loss of names, difficulty remembering sequences of events. They are subject to depression, anxiety, and

1 emotional distress. They are subject to overall health detriments, including a compromised immune  
2 system, and an increased sensitivity to pain

3 **POLICY, CUSTOM, OR PRACTICE ALLEGATIONS**

4 61. Defendant GREGORY AHERN, was a final policy-making authority for Defendants  
5 ALAMEDA COUNTY and ALAMEDA COUNTY SHERIFF'S OFFICE as it relates to the training,  
6 supervision, and discipline of sheriff's deputies employed at the Santa Rita Jail and acting under his  
7 command. See Cal. Const, art. XI, § 1(b).

8 62. Defendant HOUGHTELLING, as the assistant sheriff and defendant MADIGAN as the  
9 Commander and Does 11-20 were the supervisory officers over the detentions and corrections unit,  
10 are/were policy-making authorities, based on a delegation of authority, for Defendants ALAMEDA  
11 COUNTY and ALAMEDA COUNTY SHERIFF'S OFFICE as it relates to the training, supervision, and  
12 discipline of sheriff's deputies employed at the Santa Rita Jail and acting under their command.  
13 Defendants ALAMEDA COUNTY, ALAMEDA COUNTY SHERIFF'S OFFICE, GREGORY AHERN,  
14 HOUGHTELLING TOM MADIGAN, and DOE 11 to 20, acting under color of state law and as  
15 policymaking authorities, knew or should have known that, resulting from their inappropriate and  
16 inadequate policies, customs or practices regarding prisoners basic human need for sleep, subordinate  
17 employees under their command, including Defendants DOE 1 thru DOE 10 were implementing and  
18 maintaining the scheduling, programming and practices at Santa Rita Jail, which only permits all  
19 prisoners, at the most, 5.5 or less of nighttime sleep; and which subordinate employees under their  
20 command, including Defendants DOE 1 thru DOE 10 routinely disrupted, prevented and interfered with  
21 night-time sleep.

22 63. Defendants ALAMEDA COUNTY, ALAMEDA COUNTY SHERIFF'S OFFICE,  
23 GREGORY AHERN, HOUGHTELLING, TOM MADIGAN, and DOE 11 to 20, were or should have  
24 been on notice of these policies, customs, or practices or the inadequacy of the policies, customs or  
25 practices through multiple sources including prior litigation wherein the plaintiffs complained of lights  
26 being left on all night; (Mohrbacher v. 3:18-cv-00050-JD, Dkt. 18, Dkt . 72, Dkt 103). Plaintiffs and  
27 members of the class had attempted, repeatedly, to file grievances regarding this issue, but in numerous  
28 occasions were denied Santa Rita Jail grievance forms, and were told that prisoners could not grieve the  
schedule, the sleep disturbance or the lights, and for this reason only know of one successful grievance  
during this time on this subject. Federal courts in the 9<sup>th</sup> Circuit have held since 1990 that there is no  
legitimate penological justification for forcing prisoners to be in cells "constantly illuminated" which  
causes physical and psychological harm.

1           64.     On information and belief, additional evidence and information related to Defendants  
 2 ALAMEDA COUNTY, ALAMEDA COUNTY SHERIFF’S OFFICE, GREGORY AHERN, D.  
 3 HOUGHTELLING, TOM MADIGAN, Does 26 to Does 50’s policies, customs, or practices will be  
 4 sought and obtained during the course of this litigation. Although access to the existence or absence of  
 5 internal policies, customs, or practices prior to discovery is necessarily limited, on information and  
 6 belief, Defendants ALAMEDA COUNTY, ALAMEDA COUNTY SHERIFF’S OFFICE, GREGORY  
 7 AHERN, D. HOUGHTELLING TOM MADIGAN, Does 26 to Does 50’s have access to and/or  
 8 knowledge of past and subsequent events and to statements of internal policies, customs, or practices at  
 9 issue and, in some respects, may be in sole possession of evidence and facts needed to support or refute  
 these claims.

#### CLASS ACTION ALLEGATIONS

10           65.     All Plaintiffs bring this action on their own behalf and, pursuant to Rule 23(a) and (b)(2)  
 11 of the Federal Rules of Civil Procedure, on behalf of a class of all women who are now, or will be in the  
 12 future, incarcerated in the Alameda County Jails (“Prisoner Class”).

#### Numerosity: Fed. R. Civ. P. 23(a)(1)

14           66.     The Prisoner Class is sufficiently numerous that joinder of all members of the class is  
 15 impracticable and unfeasible. Currently, there are 200 women prisoners in custody on any one day in  
 16 Santa Rita Jail and approximately 9,500 women are processed and incarcerated during the year in Santa  
 17 Rita Jail. All prisoners in the Jails are subject to Defendants policies and procedures regarding sleep  
 18 denial and sleep disturbance and the refusal to permit grievances. Due to these policies and procedures,  
 19 all prisoners in the Jails are currently harmed or are at substantial risk of being harmed, by these Jail  
 practices.

20           67.     The Prisoner Class members are identifiable using records maintained in the ordinary  
 21 course of business by Defendants.

#### Commonality: Fed. R. Civ. P. 23(a)(2)

22           68.     There are multiple questions of law and fact common to the Prisoner Class, including, but  
 23 not limited to:

- 24           a. Whether the jail’s requirement that prisoners be in lit surroundings 24 hours a day  
 25 violates the Due Process Clause of the Fourteenth Amendment and the Cruel and Unusual  
 26 Punishment Clause of the of the Eighth Amendment to the United States Constitution, and Article  
 27 I, Sections 7 and 17 of the California Constitution;

1 b. Whether Defendants' scheduling to provide for only a maximum potential duration of  
2 five and a half (5.5) hours of nighttime sleep violates the Due Process Clause of the Fourteenth  
3 Amendment and the Cruel and Unusual Punishment Clause of the of the Eighth Amendment to  
4 the United States Constitution, and Article I, Sections 7 and 17 of the California Constitution;

5 c. Whether Defendants' policies and practices of regulation sleep disruption violates the  
6 Due Process Clause of the Fourteenth Amendment and the Cruel and Unusual Punishment Clause  
7 of the of the Eighth Amendment to the United States Constitution, and Article I, Sections 7 and  
8 17 of the California Constitution;

9 d. Whether Defendants' policies and practices of not permitting prisoners to have a  
10 sufficient block of uninterrupted sleep poses a substantial risk of serious harm to prisoners in their  
11 custody;

12 e. Whether Defendants have been deliberately indifferent to the Prisoner Class members'  
13 risk of injury and harm from the scheduling of an insufficient duration of sleep and the regular  
14 disruption of the limited sleep duration they are provided;

15 69. Defendants are expected to raise common defenses to these claims, including denying that  
16 their actions violate the law.

17 Typicality: Fed. R. Civ. P. 23(a)(3)

18 70. The claims of the named Plaintiffs are typical of the claims of the members of the  
19 proposed class as their claims arise from the same policies, practices, and courses of conduct, and their  
20 claims are based on the same theory of law as the Prisoner Class claims.

21 Adequacy: Fed. R. Civ. P. 23(a)(4)

22 71. Plaintiffs will fairly and adequately represent and protect the interests of the putative  
23 Prisoner Class members and diligently service as Class Representatives. Plaintiffs' interests are co-  
24 extensive with those of the Prisoner Class and Plaintiffs have no conflict(s) of interest that would be  
25 antagonistic to those of the other class members. Plaintiffs have retained counsel who are competent and  
26 experienced in complex class action litigation and prisoner's rights litigation and who possess the  
27 resources necessary to fairly and adequately represent the Prisoner Class.

28 Fed. R. Civ. P. 23(b)

72. This action is also maintainable as a class action pursuant to Federal Rule of Civil  
Procedure 23(b)(2) because Defendants policies, practices, actions, and omissions that form the basis of  
the claims of the Prisoner Class are common to and apply generally to all members of the Prisoner Class.

1 All of the Jails' policies are centrally promulgated, disseminated, and enforced by Defendants. The  
2 injunctive and declaratory relief sought is appropriate and will apply as a whole to all members of the  
3 Prisoner Class.

4 73. The claims of the named plaintiffs are typical of the claims of the class. The claims of the  
5 class members arise from the actions that resulted in damages to the class representatives and are based  
6 on the same legal theories.

7 **PRISONER SUB-CLASS ACTION ALLEGATIONS**  
8 **(Pregnant Women Prisoners)**

9 74. All Plaintiffs bring this action on their own behalf and, pursuant to Rule 23(a) and (b)(2)  
10 of the Federal Rules of Civil Procedure, on behalf of a class of all pregnant women who are now, or will  
11 be in the future, incarcerated in the Alameda County Jails ("Prisoner Class").

12 Numerosity: Fed. R. Civ. P. 23(a)(1)

13 75. The Pregnant Prisoner -Sub Class is sufficiently numerous that joinder of all members of  
14 the class is impracticable and unfeasible. On information and believe, plaintiffs allege that 10% of all  
15 women prisoners in Santa Rita are pregnant, so that the current sub-class numbers 20 women. Within a  
16 year's time, plaintiffs assert that Santa Rita Jail processes and houses approximately 950 pregnant  
17 women. Pregnant women are housed amongst all the other prisoners. There is no separate facility for  
18 pregnant women. Pregnant women are subject to the same schedules and same housing conditions as all  
19 prisoners. All prisoners in the Jails are subject to Defendants policies and procedures regarding sleep  
20 denial and sleep disturbance and the refusal to permit grievances. Due to these policies and procedures,  
21 all prisoners in the Jails are currently harmed or are at substantial risk of being harmed, by these Jail  
22 practices.

23 76. The jail is required to conduct pregnancy tests if requested or if the prisoner exhibits  
24 symptoms of pregnancy. The Pregnant Prisoner Sub-Class members are identifiable using records  
25 maintained in the ordinary course of business by Defendants.

26 Commonality: Fed. R. Civ. P. 23(a)(2)

27 77. There are multiple questions of law and fact common to the Pregnant Prisoner Sub-Class,  
28 including, but not limited to:

- a. Whether the jail's requirement that prisoners be in lit surroundings 24 hours a day violates the Due Process Clause of the Fourteenth Amendment and the Cruel and Unusual Punishment Clause of the of the Eighth Amendment to the United States Constitution, and Article I, Sections 7 and 17 of the California Constitution;





1 enforced by Defendants. The injunctive and declaratory relief sought is appropriate and will apply as a  
2 whole to all members of the Pregnant Prisoner Sub-Class.

3 82. The claims of the named plaintiffs are typical of the claims of the Pregnant Prisoner Sub-  
4 Class. The claims of the Pregnant Prisoner Sub-Class arise from the actions that resulted in damages to  
5 the class representatives and are based on the same legal theories.

6 **FIRST CAUSE OF ACTION**

7 VIOLATION OF FOURTEENTH AMENDMENT RIGHTS BY DENYING PLAINTIFF AND  
8 OTHER PRISONERS THEIR BASIC HUMAN RIGHT TO NECESSARY SLEEP  
9 **(Fourteenth Amendments to the United States Constitution, 42 U.S.C. § 1983)**

10 83. PLAINTIFFS UPSHAW , STEWART and HERNANDEZ and the Prisoner Class and  
11 Pregnant Prisoner Sub-Class repeat and re-allege the allegations in paragraphs 1 to 82 to the extent  
12 relevant, as if fully set forth in this Claim.

13 84. The First Claim is asserted by Plaintiffs UPSHAW , STEWART and HERNANDEZ and  
14 the prisoner class against Defendants ALAMEDA COUNTY; ALAMEDA COUNTY SHERIFF'S  
15 OFFICE; SHERIFF GREGORY J. AHERN; ASSISTANT SHERIFF D. HOUGHTELLING,  
16 COMMANDER TOM MADIGAN; CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL,  
17 CAPTAIN D. SKOLDKVIST, AND DOES 1 THRU 50.

18 85. By their policies and practices described above, Defendants subject Plaintiffs and the  
19 Prisoner Class and Pregnant Prisoner Sub-Class they represent, to a substantial risk of serious harm and  
20 injury from the harmful and inhumane effects of daily insufficient sleep duration.

21 86. These policies and practices have been, and continue to be, implemented by Defendants  
22 and their agents, officials, employees and all persons acting in concert with them under color of state law,  
23 in their official capacities, and are the proximate cause of Plaintiffs' and the Prisoner Class' ongoing  
24 deprivation of due process rights secured by the United States Constitution under the Fifth and  
25 Fourteenth Amendments, are not rationally related to a legitimate nonpunitive governmental purpose or  
26 is excessive in relation to any such nonpunitive governmental purpose.

27 87. The policies, practices and customs described above are the official policies, practices and  
28 customs of Defendant COUNTY OF ALAMEDA, and are the direct and proximate cause of Plaintiffs  
being subjected to known risks of serious harms in violation of the Fourteenth Amendment. The policies,  
practices and customs described above include Defendant COUNTY OF ALAMEDA's failure to train its  
staff in the face of an obvious need for training to prevent the violations described above.

1 88. Defendants have been and are aware of all of the deprivations complained of herein, and  
2 have condoned or been deliberately indifferent to such conduct.

3 WHEREFORE, Plaintiffs and the Prisoner Class and Pregnant Prisoner Sub-Class they represent  
4 request relief as outlined below.

5 **SECOND CAUSE OF ACTION**

6 VIOLATION OF EIGHTH AMENDMENT RIGHTS

7 (BASIC HUMAN RIGHT TO SLEEP)

8 **(Eighth Amendment to the United States Constitution, 42 U.S.C. § 1983)**

9 89. PLAINTIFFS UPSHAW , STEWART and HERNANDEZ and Prisoner Class and  
10 Pregnant Prisoner Sub-Class repeat and re-allege the allegations in paragraphs 1 to 82 to the extent  
11 relevant, as if fully set forth in this Claim.

12 90. The First Claim is asserted by Plaintiffs UPSHAW , STEWART and HERNANDEZ, the  
13 Prisoner Class and Pregnant Prisoner Sub-Class against Defendants ALAMEDA COUNTY; ALAMEDA  
14 COUNTY SHERIFF'S OFFICE; SHERIFF GREGORY J. AHERN; ASSISTANT SHERIFF D.  
15 HOUGHTELLING, COMMANDER TOM MADIGAN; CAPTAIN D. HESSELEIN, CAPTAIN TARA  
16 RUSSELL, CAPTAIN D. SKOLDKVIST, AND DOES 26 THRU 50.

17 By their policies and practices described above, Defendants subject Plaintiffs and the class members they  
18 represent, to a substantial risk of serious harm and injury from the harmful and inhumane effects of daily  
19 insufficient sleep duration. A minimal duration of sleep is a minimal civilized measure of the necessity  
20 of life.

21 91. These policies and practices have been, and continue to be, implemented by Defendants  
22 and their agents, officials, employees and all persons acting in concert with them under color of state law,  
23 in their official capacities, and are the proximate cause of Plaintiffs' and all class members' ongoing  
24 deprivation of rights secured by the United States Constitution under the Eighth Amendment.

25 The policies, practices and customs described above are the official policies, practices and customs of  
26 Defendant COUNTY OF ALAMEDA, and are the direct and proximate cause of Plaintiffs being  
27 subjected to known risks of serious harms in violation of the Eighth Amendment. The policies, practices  
28 and customs described above include Defendant COUNTY OF ALAMEDA's failure to train its staff in  
the face of an obvious need for training to prevent the violations described above.

92. Defendants have been and are aware of all of the deprivations complained of herein, and  
have condoned or been deliberately indifferent to such conduct.

WHEREFORE, Plaintiffs and all class members they represent request relief as outlined below.

**THIRD CAUSE OF ACTION**

**VIOLATION OF DUE PROCESS & FOURTEENTH AMENDMENT RIGHTS**

**(SLEEP DISRUPTION)**

**(Fourteenth Amendments to the United States Constitution, 42 U.S.C. § 1983)**

93. PLAINTIFFS UPSHAW , STEWART and HERNANDEZ and the Prisoner Class and Pregnant Prisoner Sub-Class repeat and re-allege the allegations in paragraphs 1 to 82 to the extent relevant, as if fully set forth in this Claim.

94. The Third Claim is asserted by Plaintiffs UPSHAW , STEWART and HERNANDEZ and all class members they represent against Defendants ALAMEDA COUNTY; ALAMEDA COUNTY SHERIFF’S OFFICE; SHERIFF GREGORY J. AHERN; ASSISTANT SHERIFF D. HOUGHTELLING, COMMANDER TOM MADIGAN; CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL, CAPTAIN D. SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY BURBANK AND DOES 1 THRU 50,

95. By their policies, practices and direct actions described above, Defendants subject Plaintiffs and the class members they represent, to a substantial risk of serious harm and injury from the harmful and inhumane effects of regular sleep disturbance.

96. These policies, practices and direct actions have been, and continue to be, implemented by Defendants and their agents, officials, employees and all persons acting in concert with them under color of state law, in their official capacities, and are the proximate cause of Plaintiffs’ and the Prisoner Class’ ongoing deprivation of due process rights secured by the United States Constitution under the Fifth and Fourteenth Amendments, are not rationally related to a legitimate nonpunitive governmental purpose or is excessive in relation to any such nonpunitive governmental purpose.

97. The policies, practices and direct actions described above are the official policies, practices and customs of Defendant COUNTY OF ALAMEDA, and are the direct and proximate cause of Plaintiffs being subjected to known risks of serious harms in violation of the Fifth and Fourteenth Amendment. The policies, practices and customs described above include Defendant COUNTY OF ALAMEDA’s failure to train its staff in the face of an obvious need for training to prevent the violations described above.

98. Defendants have been and are aware of all of the deprivations complained of herein, and

1 have condoned or been deliberately indifferent to such conduct.

2 WHEREFORE, Plaintiffs and all class members they represent request relief as outlined below.

3 **FOURTH CAUSE OF ACTION**

4 VIOLATION OF EIGHTH AMENDMENT RIGHTS

5 CRUEL AND UNUSUAL PUNISHMENT OF REGULAR SLEEP DISRUPTION  
6 **(Eighth Amendments to the United States Constitution, 42 U.S.C. § 1983)**

7  
8 99. PLAINTIFFS UPSHAW , STEWART and HERNANDEZ and the prisoner class and  
9 pregnant prisoner subclass and re-allege the allegations in paragraphs 1 to 82 to the extent relevant, as if  
10 fully set forth in this Claim.

11 100. The Fourth Claim is asserted by Plaintiffs UPSHAW , STEWART and HERNANDEZ  
12 and the class members against Defendants ALAMEDA COUNTY; ALAMEDA COUNTY SHERIFF'S  
13 OFFICE; SHERIFF GREGORY J. AHERN; ASSISTANT SHERIFF D. HOUGHTELLING,  
14 COMMANDER TOM MADIGAN; CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL,  
15 CAPTAIN D. SKOLDKVIST, DEPUTY WATSON, DEPUTY GUERRA, DEPUTY CRANDALL,  
16 DEPUTY CHANDRA, DEPUTY BURBANK AND DOES 1 THRU 50,

17 101. Defendants CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL, CAPTAIN D.  
18 SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY  
19 HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY  
20 BURBANK AND DOES 1 THRU 50, acting or purporting to act in the performance of his/her official  
21 duties by subjecting Plaintiffs and the members of the prisoner class' to ongoing and regular sleep  
22 disturbances in violation of their rights secured by the Eighth Amendment of the U.S. Constitution.

23 102. Defendants CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL, CAPTAIN D.  
24 SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY  
25 HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY  
26 BURBANK AND DOES 1 THRU 50's acting or purporting to act in the performance of their official  
27 duties as law enforcement officers, failed to intercede and/or were integral participants to complained of  
28 actions of deliberating disturbing and interfering with Plaintiffs and the members of the prisoner class'  
right to the human necessity of sleep, in violation of their rights secured by the Eighth Amendment of  
the U.S. Constitution.

103. Defendants ALAMEDA COUNTY, ALAMEDA COUNTY SHERIFF'S OFFICE,

1 GREGORY AHERN, D. HOUGHTELLING, TOM MADIGAN, and DOE 26-50, acting under color of  
2 state law and as policymaking authorities, knew or should have known that subordinate employees under  
3 their command, including Defendants DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA,  
4 DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA,  
5 DEPUTY BURBANK and DOE 1 through DOE 25, were inadequately trained, supervised, or  
6 disciplined resulting from their inadequate policies, customs, or practices concerning the actions of  
7 regularly disturbing and interfering with prisoners' sleep in violation of Plaintiff s and the prisoner class  
8 members' right to the human necessity of sleep, secured by the Eighth Amendment of the U.S.  
9 Constitution.

10 104. The policies, practices and direct actions described above are the official policies,  
11 practices and customs of Defendant COUNTY OF ALAMEDA, and are the direct and proximate cause  
12 of Plaintiffs and the prisoner class members' and the pregnant prisoner sub-class being subjected to  
13 known risks of serious harms in violation of the Eighth Amendment. The policies, practices and customs  
14 described above include Defendant COUNTY OF ALAMEDA's failure to train its staff in the face of an  
15 obvious need for training to prevent the violations described above.

16 105. Defendants have been and are aware of all of the deprivations complained of herein, and  
17 have condoned or been deliberately indifferent to such conduct.

18 WHEREFORE, Plaintiffs and all class members they represent request relief as outlined below.

19 **FIFTH CAUSE OF ACTION**

20 **(Article I, Section 7 of the California Constitution)**

21 106. PLAINTIFFS UPSHAW , STEWART and HERNANDEZ and the prisoner class and  
22 pregnant prisoner sub-class they represent re-allege the allegations in paragraphs 1 to 82 to the extent  
23 relevant, as if fully set forth in this Claim.

24 107. The Fifth Cause of Action is asserted by Plaintiffs UPSHAW , STEWART and  
25 HERNANDEZ and all class members against all Defendants.

26 108. Defendants, by deliberately preventing Plaintiffs and members of the prisoner class from  
27 being able to obtain adequate sleep both by limiting the available time for night time sleep and through  
28 actions that interrupt, interfere, disrupt and disturb night time sleep, imposes an atypical, substantial, and  
different hardship on the prisoner in relation to the ordinary incidents of incarcerated life, so as to create  
a liberty interest protected by due process. By their policies and practices described above, Defendants  
subject Plaintiffs and the Prisoner Classes they represent, to a substantial risk of harm due to the denial of  
due process in relationship to the ordinary, human requirement of sleep. These policies and practices



1 have been, and continue to be, implemented by Defendants and their agents or employees in their official  
2 capacities, and are the proximate cause of Plaintiffs' and the Prisoner Classes' ongoing deprivation of  
3 rights secured by the California Constitution, Article I, Section 7.

4 109. Defendants have been and are aware of all of the deprivations complained of herein, and  
5 have condoned or been deliberately indifferent to such conduct.

6 WHEREFORE, Plaintiffs and the class members they represent request relief as outlined below.

7 **SIXTH CAUSE OF ACTION**

8 NEGLIGENCE

9 110. PLAINTIFFS UPSHAW , STEWART and HERNANDEZ and the prisoner class and  
10 pregnant prisoner sub-class repeat and re-allege the allegations in paragraphs 1 to 82 to the extent  
11 relevant, as if fully set forth in this Claim.

12 111. The Sixth Cause of Action is asserted by Plaintiffs UPSHAW , STEWART and  
13 HERNANDEZ and the class members against Defendants CAPTAIN D. HESSELEIN, CAPTAIN  
14 TARA RUSSELL, CAPTAIN D. SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY  
15 SENSIBA, DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY  
16 CHANDRA, DEPUTY BURBANK AND DOES 1 THRU 50.

17 112. Defendants SHERIFF GREGORY J. AHERN; ASSISTANT SHERIFF D.  
18 HOUGHTELLING, COMMANDER TOM MADIGAN; CAPTAIN D. HESSELEIN, CAPTAIN TARA  
19 RUSSELL, CAPTAIN D. SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY  
20 SENSIBA, DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY  
21 CHANDRA, DEPUTY BURBANK AND DOES 1 THRU 50's actions and inactions were motivated by  
22 evil motive or intent, involved reckless or callous indifference to Plaintiffs' rights secured by the Eighth  
23 and Fourteenth Amendments of the U.S. Constitution, or were wantonly or oppressively done.

24 113. As a direct and proximate result of Defendants ALAMEDA COUNTY; ALAMEDA  
25 COUNTY SHERIFF'S OFFICE; SHERIFF GREGORY J. AHERN; ASSISTANT SHERIFF D.  
26 HOUGHTELLING, COMMANDER TOM MADIGAN; CAPTAIN D. HESSELEIN, CAPTAIN TARA  
27 RUSSELL, CAPTAIN D. SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY  
28 SENSIBA, DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY  
CHANDRA, DEPUTY BURBANK AND DOES 1 THRU 50 and DOE 1 to 20's actions and inactions,  
Plaintiffs and members of the class suffered injuries entitling them to receive compensatory damages



1 against Defendants ALAMEDA COUNTY; ALAMEDA COUNTY SHERIFF'S OFFICE; SHERIFF  
2 GREGORY J. AHERN; ASSISTANT SHERIFF D. HOUGHTELLING, COMMANDER TOM  
3 MADIGAN; CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL, CAPTAIN D. SKOLDKVIST,  
4 DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY HENDERSON, DEPUTY  
5 GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY BURBANK AND DOES 1  
6 THRU 50.and DOE 1 to 20's

7 WHEREFORE, Plaintiffs and class members pray for relief as hereunder appears.

8 **SEVENTH CAUSE OF ACTION**

9 Intentional Infliction of Emotional Distress

10 (Cal. Gov. Code § 820(a))

11 114. PLAINTIFFS UPSHAW , STEWART and HERNANDEZ and the class members repeat  
12 and re-allege the allegations in paragraphs 1 to 53 to the extent relevant, as if fully set forth in this Claim.  
13 The Seventh Cause of Action is asserted by Plaintiffs UPSHAW, STEWART and HERNANDEZ and all  
14 class members against Defendants CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL,  
15 CAPTAIN D. SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA,  
16 DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA,  
17 DEPUTY BURBANK AND DOES 1 THRU 50.

18 115. Defendants CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL, CAPTAIN D.  
19 SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY  
20 HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY  
21 BURBANK AND DOES 1 THRU 50 acting or purporting to act in the performance of their official  
22 duties as peace officers, engaged in outrageous conduct and, as a result that outrageous conduct.  
23 Plaintiffs and members of plaintiff class did suffer and continue to suffer severe emotional distress.

24 116. Defendants CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL, CAPTAIN D.  
25 SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY  
26 HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY  
27 BURBANK AND DOES 1 THRU 50 actions and inactions constituted oppression and/or malice  
28 resulting in great harm to Plaintiffs and members of plaintiff class.

117. As a direct and proximate result of Defendants CAPTAIN D. HESSELEIN, CAPTAIN  
TARA RUSSELL, CAPTAIN D. SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY

1 SENSIBA, DEPUTY HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY  
2 CHANDRA, DEPUTY BURBANK AND DOES 1 THRU 50 actions and inactions, Plaintiffs and all  
3 members of plaintiff class suffered injuries entitling them to receive compensatory and punitive damages  
4 against Defendants CAPTAIN D. HESSELEIN, CAPTAIN TARA RUSSELL, CAPTAIN D.  
5 SKOLDKVIST, DEPUTY WATSON, DEPUTY STINSON, DEPUTY SENSIBA, DEPUTY  
6 HENDERSON, DEPUTY GUERRA, DEPUTY CRANDALL, DEPUTY CHANDRA, DEPUTY  
7 BURBANK, AND DOES 1 THRU 50.

8 WHEREFORE, Plaintiffs and class members prays for relief as hereunder appears.

9 **REQUEST FOR RELIEF**

10 Plaintiffs and the class and subclass they represent have no adequate remedy at law to redress the  
11 wrongs suffered as set forth in this Complaint. Plaintiffs have suffered and will continue to suffer  
12 irreparable injury as a result of the unlawful acts, omissions, policies, and practices of the Defendants as  
13 alleged herein, unless Plaintiffs are granted the relief they request. Plaintiffs and Defendants have an  
14 actual controversy and opposing legal positions as to Defendants' violations of the constitutions and laws  
15 of the United States and the State of California. The need for relief is critical because the rights at issue  
16 are paramount under the constitutions and laws of the United States and the State of California.

17 WHEREFORE, PLAINTIFF and all class members prays for judgment and the following relief  
18 against DEFENDANTS as follows:

- 19 1. Enter injunctive relief directing DEFENDANTS, absent exigent circumstances to:
  - 20 a. Prohibit over-head light, loud noise, public address system announcements and  
21 scheduled prisoner activities for at least a 7-hour period each night;
  - 22 b. Prohibit correctional staff from waking prisoners during the nighttime sleeping  
23 hours including during any safety checks;
  - 24 c. Prohibit maintenance and cleaning work during night time sleep hours;
  - 25 d. Prohibit new hire staff training during night time sleep hours; and,
  - 26 e. Provide all prisoners with the ability to have uninterrupted and undisturbed block  
27 of night time sleep of no less than 7 hours.
- 28 2. Award compensatory and punitive damages;
3. Award declaratory relief according to proof;
4. Award PLAINTIFFS costs and expense of this action and reasonable attorney's fees in  
accordance with 42 U.S.C. § 1988 and other appropriate authority;
5. An order retaining jurisdiction of this case until Defendants have fully complied with the

1 orders of this Court, and there is a reasonable assurance that Defendants will continue to comply in the  
2 future absent continuing jurisdiction; and

3 6. Such other and further relief as the case requires and the Court deems just and proper.

4 Dated: December 31, 2018

LAW OFFICE OF YOLANDA HUANG

5  
6  
7 By: /s/ Yolanda Huang  
8 YOLANDA HUANG

9 DENNIS CUNNINGHAM

10 By: /s/ Dennis Cunningham  
11 DENNIS CUNNINGHAM

12 ATTORNEYS FOR PLAINTIFFS  
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